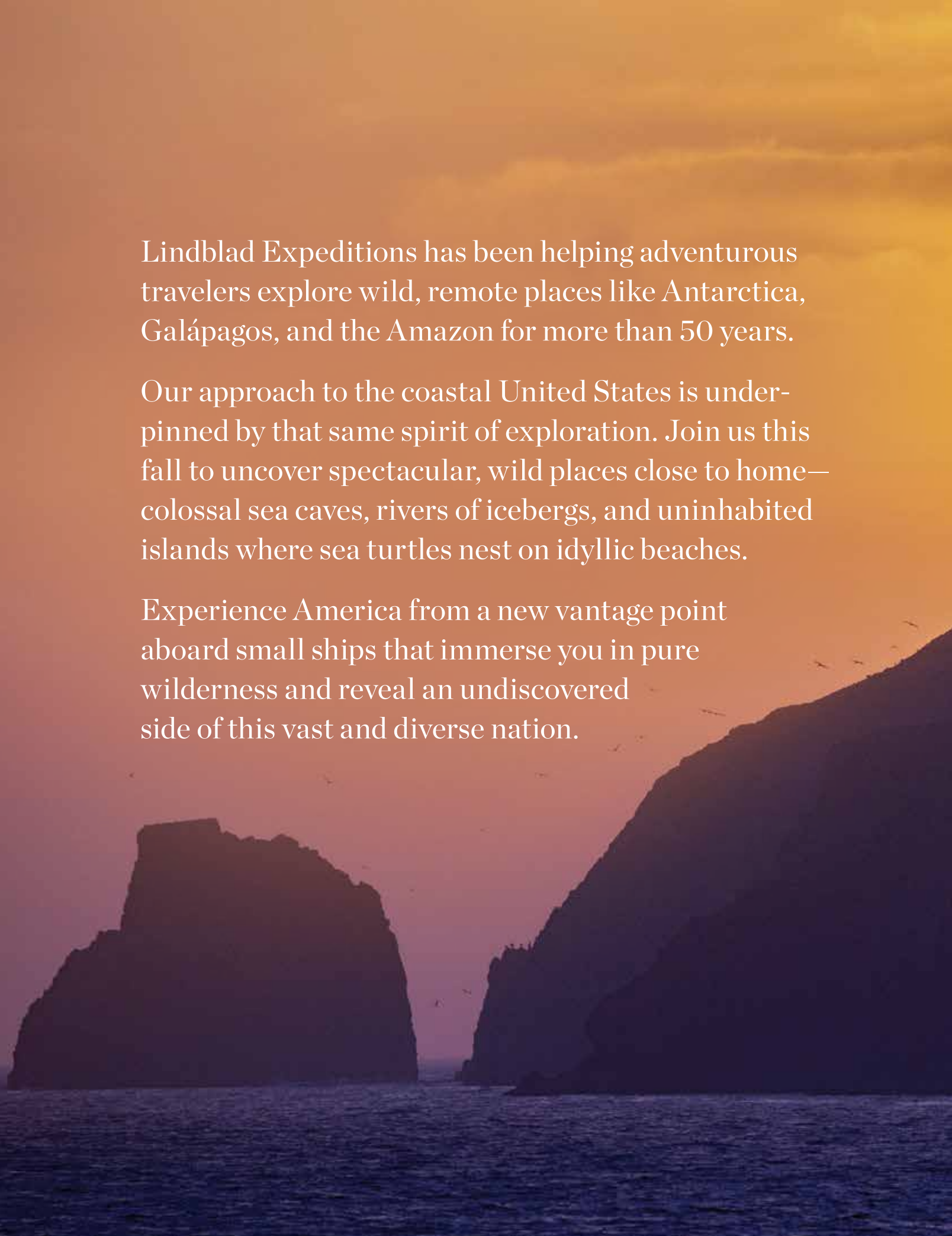


Coastal U.S.

2022-2023 VOYAGES | [EXPEDITIONS.COM](https://www.lindblad.com/expeditions.com)



4TH GUEST TRAVELS FREE
ON SELECT DEPARTURES



Lindblad Expeditions has been helping adventurous travelers explore wild, remote places like Antarctica, Galápagos, and the Amazon for more than 50 years.

Our approach to the coastal United States is underpinned by that same spirit of exploration. Join us this fall to uncover spectacular, wild places close to home—colossal sea caves, rivers of icebergs, and uninhabited islands where sea turtles nest on idyllic beaches.

Experience America from a new vantage point aboard small ships that immerse you in pure wilderness and reveal an undiscovered side of this vast and diverse nation.



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Discover America, From Sea to Shining Sea



Guests return to ship after exploring the Columbia River in Oregon.

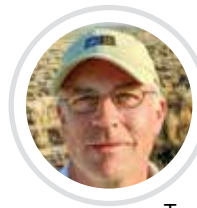
THIS AUTUMN, NORTH AMERICAN ADVENTURE AWAITS, INCLUDING TWO *new expeditions that kick off an unprecedented exploration of the East Coast. Discover the rich history of the Hudson Valley against the magnificent backdrop of turning leaves, enjoy the wonders of South Carolina's wild coast, or journey west to explore the cultural and natural marvels that abound in Alaska, California, and the Pacific Northwest. Ted Kenefick and Karen Kuest, the expedition developers behind these not-to-be-missed experiences, sat down with us to share insights on immersive travel, exploring close to home, and what to expect on their carefully crafted voyages.*

CAN YOU DISCUSS SOME OF THE VOYAGES YOU DEVELOPED THAT WILL BE EMBARKING THIS FALL?

TED KENEFICK: Culture and conservation are the heart of the Hudson Valley voyage, where we will take a deep look at the river's transformation, while illuminating the creativity, music, literature, and culinary aspects of the region. We have a fun music experience in Woodstock, for example, and another at Bannerman Island, both of which should be spectacular.

KAREN KUEST: The vastness of the West Coast brings a sense of romance and history to our autumn expeditions. We will follow part of the route that explorers Lewis and Clark took in the early 19th century, when they set out to expand the United States.

In Alaska, we'll trace the footsteps of the gold prospectors who traversed the Inside Passage up to Nome and Klondike, and we'll explore remote spots like the Inian Islands, which can only be reached by ship or plane.



TED KENEFICK

Raised on nature and wildlife on both the East and West Coasts,

Ted has had a passion for all things wild, both great and small from a very young age. He brings this passion and energy to his work as an Expedition Development Manager for Lindblad Expeditions, designing itineraries connecting people with poignant and inspiring experiences.



KAREN KUEST

hails from the Pacific Northwest and has a deep-seated love of the mountains and the sea.

Karen has an extensive background in travel and planning, and oversees all of the various operational details in regions from Alaska and British Columbia, to the Columbia & Snake Rivers, California, and the East Coast.



WHAT DO THESE VOYAGES OFFER TO PEOPLE WHO LIVE NEARBY OR MIGHT ALREADY BE FAMILIAR WITH THE REGION?

TK: Each itinerary is highly curated and full of hidden treasures and off-the-beaten path locales. Lots of folks take weekend trips to the Hudson Valley, for example, but we've designed an exciting, culturally rich voyage that would be impossible to recreate on your own. Among the highlights are a visit to Pollepel Island, a retelling of "The Legend of Sleepy Hollow" developed by the Hudson Valley Writers Center, and a kayak trip to Esopus Island, where famed mystic Aleister Crowley supposedly spent 40 days and 40 nights in the summer of 1918.



KK: Our expeditions allow for uniquely immersive exploration. Southern Californians can reach the Channel Islands by dayboat with the option to camp there, but on our Wild California Escape trip, we take you from island to island, where you can hike, kayak, see wildlife, and then return to the comfort of the ship.



WHAT KIND OF WILDLIFE CAN VOYAGERS EXPECT TO ENCOUNTER AT THIS TIME OF YEAR?

KK: On the Inside Passage voyage, there's an opportunity to see sea lions and humpback and gray whales; we'll see deer, black and brown bears, wolves, and possibly even moose. As we come south, great birdlife can be seen all along the Columbia River; and in Hells Canyon, which we explore by jet boats, there are bighorn sheep, coyotes, raptors, and more.

TK: Off the coast of South Carolina, there are beautiful bays and backwaters that are full of hissing alligators, wood storks, herons, egrets, spoonbills, and maybe a water moccasin sunning itself on a rock. In the fall, birders are in for a treat with the abundance of waterfowl returning from having spent the summer in the Arctic.

From top: Sweeping vistas from the summits of Santa Catalina Island among California's Channel Islands; artwork rises from the Earth on the slopes of Storm King Mountain along the Hudson River; Roseate spoonbills preen in the quiet waterways of South Carolina's barrier islands.



THE IDEA OF 'ACTIVE EXPLORATION' IS KEY TO LINDBLAD-NATIONAL GEOGRAPHIC'S EXPEDITIONS—CAN YOU EXPLAIN THE CONCEPT?

KK: It's about appreciating where you are and taking in the smell of the trees and the ocean air. We offer customized exploration and activity in a variety of different ways—venture by Zodiac to discover the nooks and crannies of a rugged shoreline, enjoy a leisurely photo-based nature walk, or stay on deck and luxuriate in the breathtaking surroundings.



With the open bridge policy, guests are actively involved in each expedition. They are welcome on the bridge at any time and encouraged to look at charts, ask questions, offer input, and spend time and interact with the Captain and crew.

TK: Not only do we go out and physically explore the natural world, we also offer scholarly insight and context. For instance, you might be on a hike in spring and see a bird, and maybe a photographer will show an image of it at a lecture, and you'll learn about the natural history of this animal. It's a holistic experience.



WHAT ARE THE BENEFITS OF TRAVELING BY SMALL SHIP?

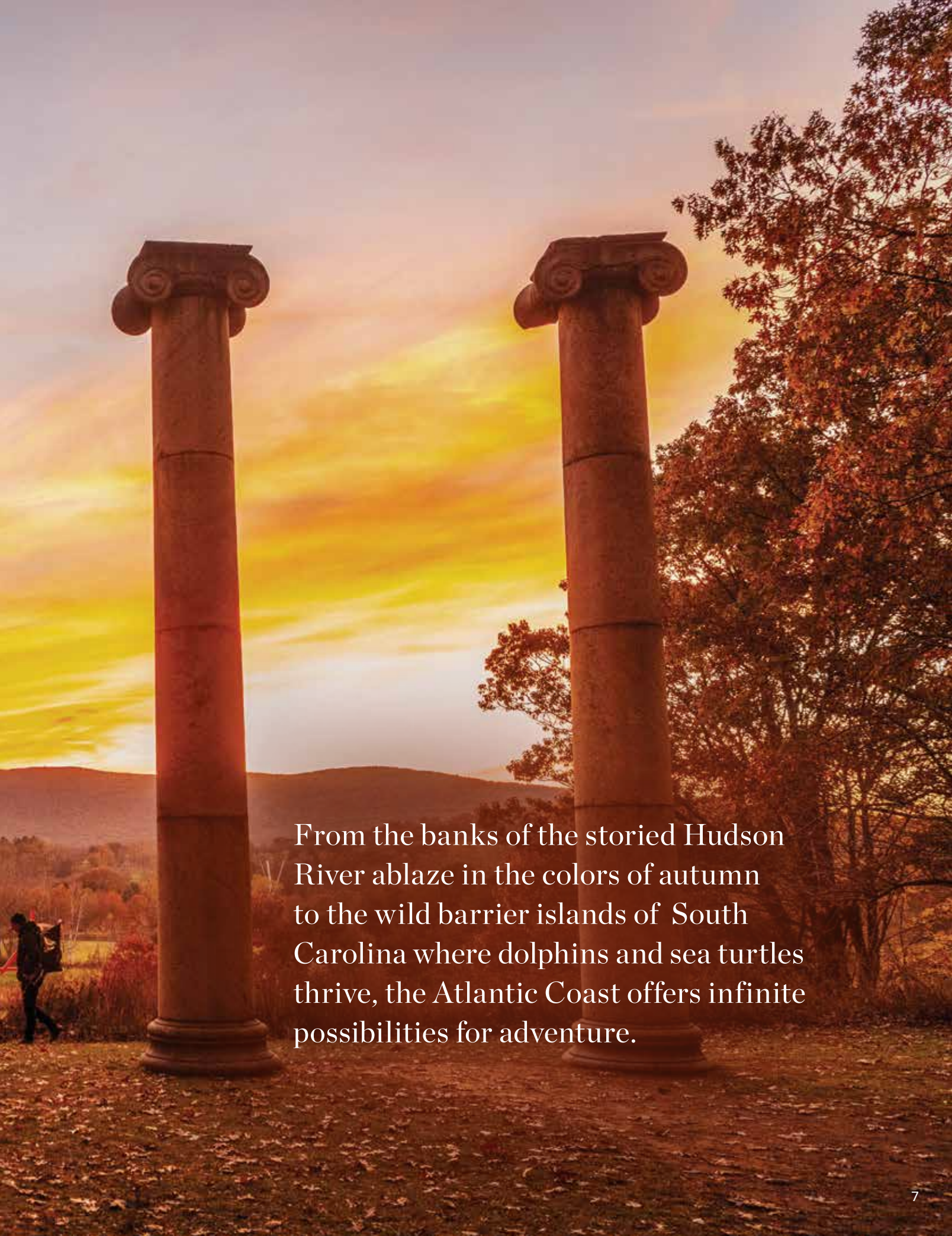
TK: Small ships have a great deal to offer. With only 62 to 100 guests on board, there's a sense of community and intimacy, which is really cool. And physically, smaller ships are able to go places that larger vessels simply can't access.

KK: The shallow draft of our vessels allow us to get closer to observe wildlife on the shoreline. For instance, several years ago in Glacier Bay, Alaska, we were lucky enough to see wolves playing on the shoreline and were able to nose up close and sit and watch them.

TK: It's that shared travel experience, which can be poignant and memorable, that brings the group together. It's a special dynamic.

From top: Visit to First Nations village of Alert Bay, British Columbia; guests enjoy a wine tasting of vineyards in the Hood River Valley; feeding humpbacks, Alaska's Inside Passage.





From the banks of the storied Hudson River ablaze in the colors of autumn to the wild barrier islands of South Carolina where dolphins and sea turtles thrive, the Atlantic Coast offers infinite possibilities for adventure.

NEW

EXPLORING THE HUDSON RIVER IN FALL: TRANSFORMATION, CONSERVATION & CREATIVITY



8 DAYS | FROM \$5,590

Scan QR code for itinerary details and current rates or visit expeditions.com/udson

Aboard *National Geographic Sea Lion*

Immerse yourself in the Hudson River Valley, legendary for music and art, dotted with riverside towns full of history and steeped in maritime legend. Discover a region bursting with life, from rich wetlands and forests to verdant orchards and fields, helping to fuel an exciting regional culinary renaissance.

EXPEDITION HIGHLIGHTS

- ▶ Experience the magic of autumn's transitional beauty.
- ▶ Enjoy a private concert at Bannerman Castle on Pollepel Island.
- ▶ Encounter fall wildlife while kayaking Constitution Marsh and Rogers Island Wildlife Management Area.
- ▶ Visit Storm King Art Center, an outdoor sculpture garden.
- ▶ Photograph the many iconic lighthouses and bridges along our journey.
- ▶ Visit Sleepy Hollow and hear Washington Irving's ageless tale re-told.

LINDBLAD PRESENTS



Introducing **Ruth Reichl**.
Join former Food Network host and *Gourmet* magazine editor-in-chief Ruth Reichl on the **Nov. 3, 2022** departure.

NATIONAL GEOGRAPHIC EXPERT



Join expedition scientist, National Geographic Explorer, and Explorers Club Fellow **Rachael Zoe Miller** on the **Nov. 10, 2022** departure.

Learn more about staff and guest speakers at expeditions.com/experts.

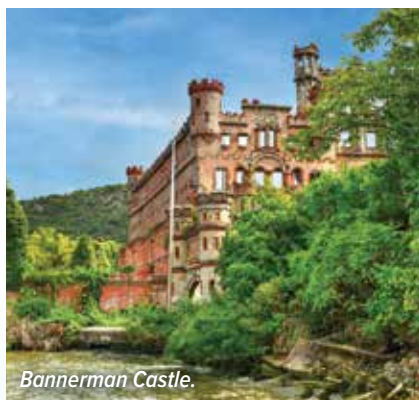
Sunset on the Hudson River valley.

**DAY 1: ARRIVE NEW YORK CITY/
EMBARK**

This evening, we embark *National Geographic Sea Lion* and sail out of New York Harbor north into the Hudson River. (D)

**DAY 2: CONSTITUTION MARSH/
BANNERMAN CASTLE**

We begin the day at Constitution Marsh, where we explore the protected riverside wetland by kayaks. Watch for belted kingfishers darting up a slough, or northern harriers quartering over the marshland. Take in a special musical performance onshore at Pollepel Island at storied Bannerman Castle. (B,L,D)



Bannerman Castle.

**DAY 3: CATSKILL/ROGERS ISLAND/
HUDSON**

We begin our morning at the National Historic Landmark home of renowned landscape painter Thomas Cole, recognized as the founder of the Hudson River art movement. Later, as our ship is anchored near the picturesque Hudson-Athens Lighthouse, opt to join a kayak excursion through the waterways of Rogers Island Wildlife Management Area or choose to visit the quiet town of Hudson. (B,L,D)

DAY 4: KINGSTON

Rondout Lighthouse marks our morning approach to the beautiful town of Kingston. Here we visit the sloop *Clearwater*; and, conditions permitting, we'll climb aboard and sail out into the harbor where we'll learn about the organization's local conservation and environmental projects, and its founder—Pete Seeger. Later, we stop by the Hudson River Maritime Museum, where exhibits are focused on the heroic conservation of this great waterway. (B,L,D)

106-foot sloop Clearwater.



**DAY 5: ESOPUS ISLAND/ESOPUS
MEADOWS LIGHTHOUSE**

By kayak and Zodiac, we cruise Esopus Island, now a quiet, less-visited mid-river islet. Over the years, this unassuming island—not even a mile long and mere yards wide—has seen its share of intriguing visitors, from Native Americans to F. Scott Fitzgerald and Aleister



Esopus Meadows Lighthouse.

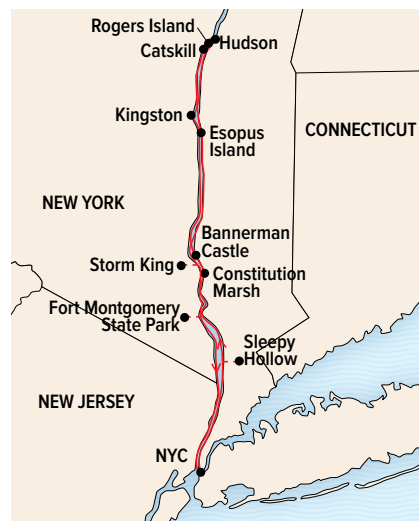
Crowley. Our day of exploration takes us to Esopus Meadows Lighthouse, considered one of the most scenic on the Hudson. (B,L,D)

DAY 6: STORM KING MOUNTAIN

Storm King was a regular subject of Thomas Cole's Hudson River School painters, as they depicted the natural splendor of the mountain while wrestling with the approaching industrialization and commercialization of the Hudson, a contentious duality to this day. The 500-acre Storm King Art Center continues this heritage of bringing art, nature, and people together in the open air of their sculpture park.



Storm King Art Center.



Later, we ascend meandering forest trails to take in the magnificent views towards the river and beyond. (B,L,D)

**DAY 7: BEAR MOUNTAIN BRIDGE/
POPOLOPEN CREEK AT FORT
MONTGOMERY/SLEEPY HOLLOW**

We awake in sight of Bear Mountain Bridge, the morning's golden hour offering the opportunity to photograph it against the backdrop of autumn. Conditions permitting, we explore where Popolopen Creek meets the Hudson at Fort Montgomery by kayak. We then sail past Iona Island, part of the Hudson River National Estuarine Research Reserve, before arriving at Sleepy Hollow. Experience a re-telling of Washington Irving's tale ashore before walking along the scenic 13 Bridges Trail. We return shortly before dusk to explore the Sleepy Hollow cemetery as the sun sets on our Hudson River adventure. (B,L,D)

DAY 8: NEW YORK/DISEMBARK

This morning we disembark in New York Harbor to begin our homeward journeys. (B)

EXPEDITION DETAILS

DATES: 2022 Oct. 13, 20, 27; Nov. 3, 10
2023 Oct. 14, 21, 28; Nov. 4, 11

SPECIAL OFFERS:

- **SAVE 20%** off this itinerary by sailing on any U.S. West Coast itinerary in 2022.
- Fourth person goes **FREE** on select departures.

See page 28 or call for details.

NEW

WILD SOUTH CAROLINA ESCAPE: BEAUFORT & THE BARRIER ISLANDS



8 DAYS | FROM \$3,990

Scan QR code for itinerary details and current rates or visit expeditions.com/wildcarolina

Aboard *National Geographic Sea Lion*

Sail among South Carolina's stunning Barrier Islands during a short, enriching getaway, discovering sites that reveal the untold history of the region, and exploring wetlands, wild beaches, dunes, and maritime forests in parks and refuges along the coast.

EXPEDITION HIGHLIGHTS

- ▶ Explore Beaufort, where opulent mansions and historic churches and schools tell stories of the past.
- ▶ Watch for birdlife, alligators, and loggerhead turtles on St. Phillip's Island, a pristine wilderness area once owned by conservationist Ted Turner.
- ▶ Venture to the ruins of historic plantations at Botany Bay Plantation Wildlife Management Area, and discover unspoiled beaches and coastal forests.
- ▶ Coast in a Zodiac along the shores of Cape Romain National Wildlife Refuge, keeping an eye out for dolphins and seabirds.



Flock of white ibis over South Carolina coastal marsh.



Old Sheldon Church ruins, Beaufort, S.C.

DAY 1: CHARLESTON, SOUTH CAROLINA

Arrive in Charleston and settle into your cabin aboard the *National Geographic Sea Lion*. This evening, sail out of scenic Charleston harbor and follow the coast southwest, skirting the barrier islands that shelter the mainland. (D)

DAY 2: BEAUFORT AND PORT ROYAL ISLAND

We round Bay Point Island early this morning and enter the mouth of the Harbor River. We'll make our way along the coast of Port Royal Island to the historic town of Beaufort. Alternately settled—and sometimes fought over—by European colonists as well as its original Native American inhabitants. Dive in to this diverse heritage today, visiting Old Sheldon Church; the Port Royal Museum; and the Penn Center, the first academic school for freed people. See evocative historic mansions, and then head to Lady's Island Oysters for a sumptuous tasting. (B,L,D)

DAY 3: ST. PHILLIPS ISLAND/ EDISTO ISLAND

On pristine St. Phillips Island, hike trails that weave from sand dunes to salt marshes to maritime forest. Keep an eye out for migrating warblers and roseate spoonbills in the quiet waterways, as well as alligators, loggerhead sea turtles, and more. Watch for dolphins as we cross St. Helena Sound. Conditions permitting, we'll go ashore at Edisto Island to visit Botany Bay Plantation Wildlife Management Area. Originally two plantations that played a role during the Civil War, this protected area now comprises 4,600 acres of wild beach, pine forests, and freshwater ponds, dotted with plantation ruins. (B,L,D)

DAY 4: EXPLORING CAPE ROMAIN NATIONAL WILDLIFE REFUGE

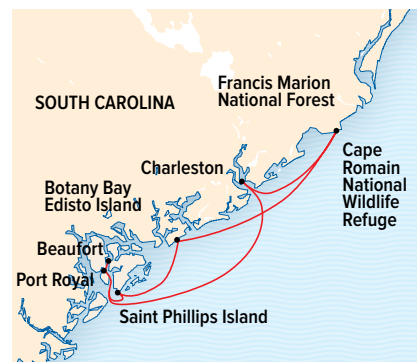
Trace the coast north past Charleston to Cape Romain National Wildlife Refuge, which spans 104 square miles from Bull Island in the south to Murphy Island in the north. We have an entire day to explore the refuge and discover its wildlife and history. Hike one of its many trails, or cruise close to shore in a Zodiac, watching for dolphins and seabirds. Have your camera ready as we pass the Cape Romain Lighthouse. (B,L,D)

DAY 5: FRANCIS MARION NATIONAL FOREST

Today we set off into the waterways of Francis Marion National Forest. Dotted with towering old-growth bald cypress trees, this black water region draws all manner of wildlife, from turtles and birds to reptiles sunning on the rocks. (B,L,D)

DAY 6: CHARLESTON/HOME

This morning, *National Geographic Sea Lion* arrives in Charleston where we disembark and transfer to the airport for flights home. (B)



Snowy egrets.

EXPEDITION DETAILS

DATES: 2022 Nov. 22
2023 Apr. 29; May 4, May 9, May 14, May 19; Nov. 23

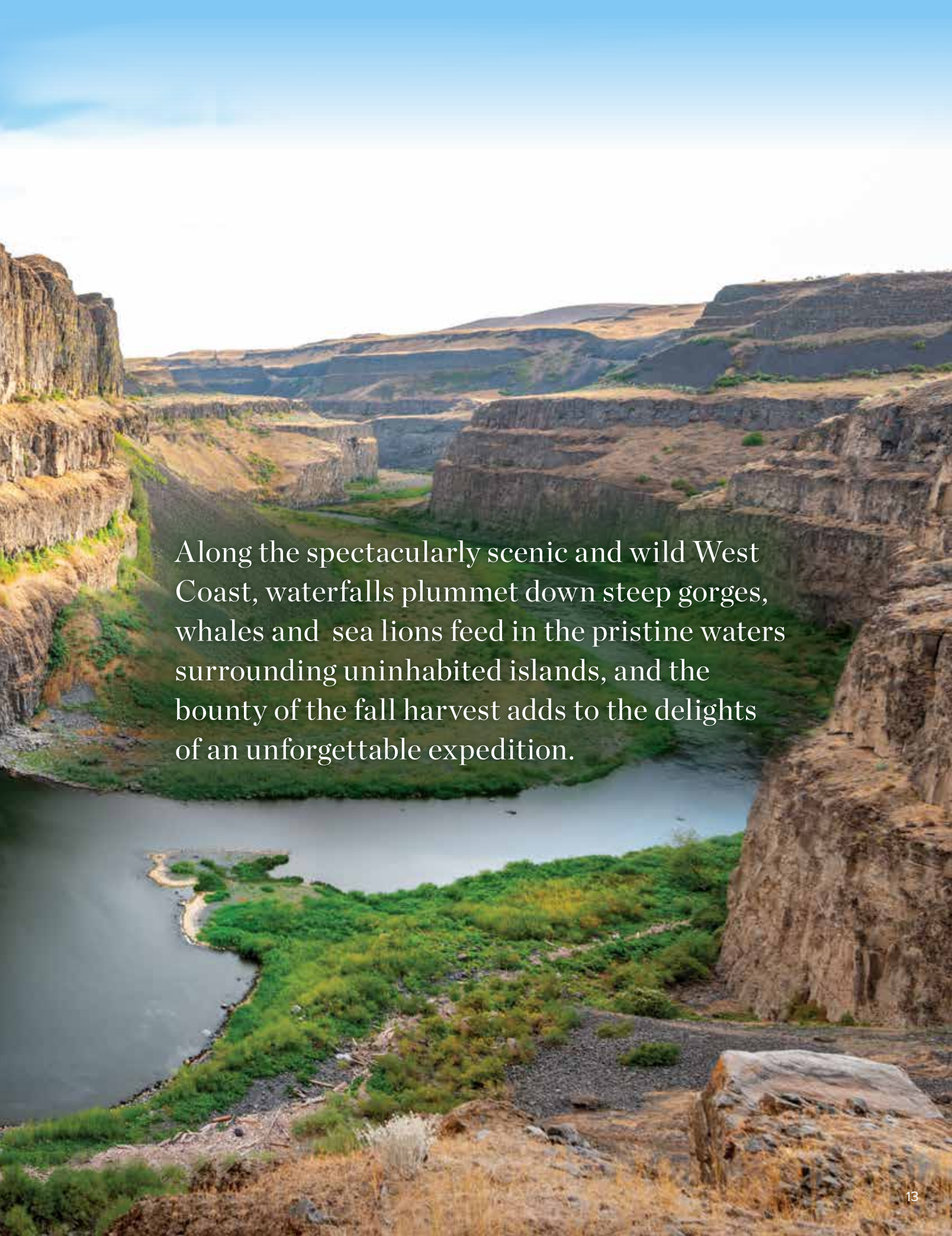
SPECIAL OFFERS:

- **SAVE 20%** when you also book any 2022 U.S. West Coast expedition.
 - Fourth person goes **FREE** on select departures.
 - Book a group of six or more and **SAVE 10%** off the total price.
- See page 28 or call for details.



American alligator and turtle.





Along the spectacularly scenic and wild West Coast, waterfalls plummet down steep gorges, whales and sea lions feed in the pristine waters surrounding uninhabited islands, and the bounty of the fall harvest adds to the delights of an unforgettable expedition.

TREASURES OF THE INSIDE PASSAGE: ALASKA AND BRITISH COLUMBIA



14 DAYS | FROM \$10,850

Scan QR code for itinerary details and current rates or visit expeditions.com/treasures

Aboard *National Geographic Quest* & *National Geographic Venture*

Embark on an epic, in-depth exploration of the wild coasts and secluded waterways of Alaska, British Columbia and the Pacific Northwest, and enjoy ample time to take in breathtaking nature and the fascinating cultural facets of the region.

EXPEDITION HIGHLIGHTS

- ▶ Sail among the more remote San Juan Islands to kayak or hike where seals, sea lions, river otters, bald eagles, and occasionally killer whales congregate.
- ▶ By special permit, sail into Glacier Bay National Park and pass a full day taking in its grand scale.
- ▶ Stroll the streets of the 100-year-old town of Petersburg, Alaska, learning about its fishing industry and Norwegian heritage.
- ▶ In Misty Fjords National Monument, kayak along sheer, glacially carved cliffs and forested backwaters.
- ▶ In lovely Victoria tour private gardens, take a bike ride, and enjoy a private evening event at the Robert Bateman Centre.



Zodiac cruise in Inian Islands.

DAY 1: SEATTLE, WA/EMBARK

Arrive in Seattle and transfer to the ship for embarkation. (D)

DAY 2: SAN JUAN ISLANDS

Explore the San Juan Islands via naturalist-led hikes, kayaks, and Zodiac cruises, keeping an eye out for wildlife. (B,L,D)

DAY 3: VICTORIA, BRITISH COLUMBIA

Arrive in charming Victoria and choose from several options to explore. Visit private gardens, bike along the waterfront, stroll through historic Old Town, or peruse the art galleries. In the evening, enjoy a private reception at the Robert Bateman Centre while taking in an incredible collection of paintings. (B,L,D)



Inner Harbour, Victoria, British Columbia.

DAY 4: GULF ISLANDS

Located in the Strait of Georgia, the Gulf Islands are a kayaker's paradise. Explore the myriad islets and rocky coasts with an eye out for an array of sea birds, shore birds and birds of prey. (B,L,D)

DAY 5: ALERT BAY AND JOHNSTONE STRAIT, BRITISH COLUMBIA

Observe a traditional First Nations performance in Alert Bay, visit the Big House, and learn from the Kwakwaka'wakw people. (B,L,D)

DAYS 6 & 7: INSIDE PASSAGE OF BRITISH COLUMBIA

Search the coastline for whales, dolphins, bears, and more. Go ashore to explore among the bays and inlets via kayak. (B,L,D)

DAY 8: MISTY FJORDS NATIONAL MONUMENT, ALASKA

Cruise past glacially-carved cliffs and kayak in the stillness of Misty Fiords' forested backwaters. (B,L,D)



DAY 9: PETERSBURG

Bike or walk the small, fishing village of Petersburg on Mitkof Island. Later, walk along a quiet forest trail and explore the unique Southeast Alaskan ecosystem, the "muskeg". This evening enjoy a special crab feast. (B,L,D)

DAY 10: TRACY ARM-FORD'S TERROR WILDERNESS

Voyage into spectacular fjords, with waterfalls cascading from glacially carved walls. See the soaring Dawes or South Sawyer Glacier up close and take a Zodiac cruise among electric blue sculpted icebergs. (B,L,D)

DAY 11: GLACIER BAY NATIONAL PARK

Via special park permit, spend the entire day among enormous glaciers and expansive wilderness. Listen as the quiet stillness of the area is broken by the thunder of tons of ice calving into the sea. A Park Ranger and Tlingit cultural interpreter join us to share the lore and legend of the area. (B,L,D)

DAY 12: INIAN ISLANDS / ICY STRAIT

Cruise among the abundant, active marine life of the Inians, where the Pacific meets the Inside Passage and nutrients rush in. Hike, kayak, and search for whales in Icy Strait. (B,L,D)

DAY 13: EXPLORING BARANOF OR CHICHAGOF ISLAND

Search for humpback whales in the rich waters off Chichagof or Baranof Island. Kayak, hike, and enjoy a Captain's Farewell Dinner this evening. (B,L,D)

DAY 14: SITKA/DISEMBARK

Visit the Sitka National Historic Park before transfer to the airport. (B)



EXPEDITION DETAILS

2022: National Geographic Quest: Sep. 4*

2023: National Geographic Venture: Apr. 30

National Geographic Quest: May 8; Sep. 10*

*These departures travel in the reverse order, from Sitka to Seattle, making all the same stops.

SPECIAL OFFERS:

- Book now and receive **FREE ONE-WAY AIR** (Sitka/Seattle) on select departures.
 - Sail in 2022 and **SAVE 20%** on your next U.S. East Coast expedition.
- See page 28 for offer details.



COLUMBIA & SNAKE RIVERS JOURNEY: FALL HARVEST & SPRING BLOOM



8 DAYS | FROM \$5,710

Scan QR code for itinerary details and current rates or visit expeditions.com/columbiasnake

Aboard *National Geographic Quest* and *National Geographic Sea Bird*

Explore in the wake of Lewis and Clark, savoring the beauty and abundance of a region that reminds us places close to home can be just as stunning as the most exotic faraway locales.

EXPEDITION HIGHLIGHTS

- ▶ Explore the Palouse River via kayak or Zodiac and visit the impressive Palouse Falls.
- ▶ Take an exhilarating jet boat ride through the spectacularly scenic Hells Canyon, North America's deepest gorge.
- ▶ Enjoy locally sourced, sustainable food on board and on a special culinary excursion. Food is sourced from providers along the way, so it's literally as fresh as can be.
- ▶ On our spring itinerary, choose an optional white-water rafting experience on the White Salmon River, running through volcanic basalt canyons into the warm sunshine of a forested valley.
- ▶ Absorb more of the Pacific Northwest on a pre- or post-voyage rewarding two-day Willamette Valley wine tour or Portland city tour. Or experience the history and rich flavors of the U.S.'s newest designated wine region on our brand new two- or three-day Lewiston extension. Visit expeditions.com/cs_extensions for details.

Reflection of the cliffs and Vista House in Oregon along the Columbia River at sunrise.

DAY 1: PORTLAND, OREGON/EMBARK

Board our ship and discover why Portland is nicknamed “Bridgetown” as we sail under eight of the city’s eclectic bridges. (D)

DAY 2: ASTORIA

Navigate the Columbia near the mouth of the river at Astoria. At Cape Disappointment, where Meriwether Lewis first glimpsed the Pacific in 1805, explore the Lewis & Clark Interpretive Center and the Columbia River Maritime Museum. Explore more of Astoria with several options to choose from in the afternoon. (B,L,D) *Please note: Spring itinerary visits Walla Walla in lieu of Astoria. See ‘Spring Bloom’ itinerary at a glance below.*

DAYS 3 & 4: COLUMBIA RIVER GORGE/ HOOD RIVER

Gain a fresh perspective on such highlights as Bonneville Lock and Dam, Multnomah Falls, and Beacon Rock (perhaps even hike it if you are inclined). Visit the stunning Columbia Gorge Interpretive Center featuring 15,000 years of history before enjoying a farm-to-table orchard lunch overlooking the golden Hood River Valley. Visit the Western Antique Aeroplane & Automobile Museum or walk along the original Columbia Gorge Scenic Highway and through the Mosier Twin Tunnels. (B,L,D)

DAY 5: CRUISING THE COLUMBIA

Take in the most scenic and geologically



interesting stretches of the Columbia River with the expert insight of our onboard geologist. Capture the diverse landscapes with the help of a certified photo instructor. (B,L,D)

DAY 6: PALOUSE RIVER

Explore the still waters and basalt cliffs of the Palouse by Zodiac or kayak (conditions permitting). Visit marvelous Palouse Falls before sailing up the Snake River while enjoying a taste of local specialties. (B,L,D)

DAY 7: CLARKSTON, WASHINGTON

Today we reach Clarkston, more than 450 miles from sea. Travel by comfortable jet boat up the Snake River into one of North America’s most scenic spots, spectacular Hells Canyon. (B,L,D)

DAY 8: CLARKSTON/DISEMBARK

Transfer to Lewiston, Idaho or Spokane, Washington for connecting flights home. (B)

EXPEDITION DETAILS

2022 National Geographic Quest: Sep. 19, 26*

National Geographic Sea Bird: Sep. 25;

Oct. 2*, 9, 16*, 23, 30*

2023 National Geographic Quest: Sep. 25;

Oct. 2*

National Geographic Sea Bird: Apr. 2†, 9**, 16†, 23**;

Sep. 24; Oct. 1*, 8, 15*, 22, 29*

*These departures travel in reverse.

†These departures follow the ‘Spring Bloom’

itinerary listed below.



One of eight locks along our journey.

‘SPRING BLOOM’ ITINERARY AT A GLANCE

Day 1: Portland, Oregon/Embark

Days 2 & 3: Hood River

Day 4: Cruising the Columbia River Gorge

Day 5: Walla Walla

Day 6: Exploring the Palouse River

Day 7: Clarkston, Washington

Day 8: Clarkston/Disembark

Visit [expeditions.com/cs_spring](https://www.expeditions.com/cs_spring) for full day-by-day itinerary.



Palouse River.

SPECIAL OFFERS:

- Fourth person goes **FREE** on select departures.
- Book by Oct. 31, 2022 and receive a **\$500 AIR CREDIT** on select departures.
- Solo premium waived on solo cabins on select departures.
- Sail in 2022 and **SAVE 20%** on your next U.S. East Coast expedition. See page 28 or call for details.

EXPLORING BRITISH COLUMBIA & THE SAN JUAN ISLANDS



8 DAYS | FROM \$5,400

Scan QR code for itinerary details and current rates or visit expeditions.com/sanjuan

Aboard *National Geographic Venture*

Discover the powerful wildness, First Nations history, and warm charm of the Pacific Northwest over a wide-ranging week in the San Juan Islands and British Columbia.

EXPEDITION HIGHLIGHTS

- ▶ Explore among the more remote San Juan Islands where seals, sea lions, river otters, and bald eagles congregate.
- ▶ Cruise Desolation Sound, on the north end of British Columbia's Sunshine Coast, a mecca for kayakers with its calm, sheltered waters and outstanding natural beauty.
- ▶ Learn the history of Kwakwaka'wakw people through their art and powerful dance performances.
- ▶ Enjoy a private reception at the gallery of acclaimed natural history artist Robert Bateman.



Sunset over the calm waters of the San Juan Islands.

DAY 1: SEATTLE, WASHINGTON/ EMBARK

Arrive in Seattle and transfer to the *National Geographic Venture* to begin your expedition. (D)

DAY 2: EXPLORING THE SAN JUAN ISLANDS

Today we'll visit the more remote of the San Juan Islands, an archipelago in northern Washington State perfect for kayaking, exploring by Zodiac, and hiking. Walks with our expert staff will familiarize you with the natural and cultural history of the rugged northwest coast region. (B,L,D)

DAY 3: FRIDAY HARBOR

Explore picturesque Friday Harbor. Visit the Whale Museum's fascinating collection, and stop in at small shops and galleries. (B,L,D)



Victoria, British Columbia.

DAY 4: VICTORIA, BRITISH COLUMBIA

Clear into Canada in the charming city of Victoria and choose from several tailor-made options to explore based on your interests. Visit private gardens, bike along the waterfront, stroll through Old Town, or explore the architecture of James Bay, the oldest residential neighborhood on the west coast north of San Francisco. In the evening, enjoy a private reception at The Bateman Foundation Gallery of Nature while taking in the incredible collection of paintings. (B,L,D)

DAY 5: EXPLORING THE GULF ISLANDS

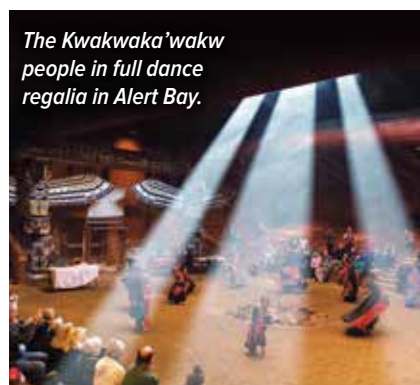
Wake this morning among the Gulf Islands, a rich archipelago in the Strait of Georgia, and a yachter's paradise. We'll take our pick of perfect spots to kayak, hike, and search for wildlife. (B,L,D)

DAY 6: JOHNSTONE STRAIT/ ALERT BAY

Sail through Johnstone Strait, a waterway cut through a magnificently wild and scenic area of mountains and islands. These ocean

waters are also home to extraordinary marine mammals and birdwatching. Today we visit one of the oldest First Nations communities in British Columbia. Alert Bay on Cormorant Island has been and continues to be the home of the Kwakwaka'wakw people and a center for the living culture found throughout the Northwest Coast.

We will visit the U'Mista Cultural Centre, which houses one of the northwest coast's finest collections of elaborately carved potlatch masks, regalia, and coppers. Visit the Big House, where the T'sasala Cultural Group continues the sharing of culture, "educating the world about their songs, dances, teachings, and values." (B,L,D)



The Kwakwaka'wakw people in full dance regalia in Alert Bay.

DAY 7: DESOLATION SOUND

Desolation Sound, on the north end of British Columbia's Sunshine Coast, is a mecca for kayakers and small yachts. It's easy to understand why, with its calm, sheltered waters and outstanding natural beauty. We'll pick the perfect bay where we can explore by foot, kayak, or Zodiac. Tonight, enjoy a Captain's farewell dinner. (B,L,D)



Sea lion haul-out.



DAY 8: VANCOUVER/DISEMBARK

Vancouver is British Columbia's largest city and the major port for all of western Canada. It lies in a stunning setting, surrounded almost completely by water, with snowcapped mountains rising vertically from its backyard. After breakfast, disembark the ship for connecting flights home. (B)

EXPEDITION DETAILS

2022 Oct. 1*, 8, 15*

2023 Sep. 30*; Oct. 7, 14*

*These departures travel in reverse.

Note: The exact order of stops may vary in order to maximize your experience.

SPECIAL OFFERS:

- Fourth person goes **FREE** on select departures.
 - Book by Oct. 31, 2022 and receive a **\$500 AIR CREDIT** on select departures.
 - Solo premium waived on solo cabins on select departures.
 - Sail in 2022 and **SAVE 20%** on your next U.S. East Coast expedition.
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WILD CALIFORNIA ESCAPE: CHANNEL ISLANDS NATIONAL PARK



5 DAYS | FROM \$3,260

Scan QR code for itinerary details and current rates or visit expeditions.com/wildchan

Aboard *National Geographic Quest* and *National Geographic Venture*

Escape the clang of contemporary life for the alluring remoteness of California's Channel Islands, a one-of-a-kind National Park often considered “The Galápagos of North America.”

EXPEDITION HIGHLIGHTS

- ▶ Explore the islands by walking miles of trails, paddling crystal clear waters by kayak or stand-up paddleboard, exploring by Zodiac, or photographing breathtaking landscapes and bird colonies.
- ▶ Hike in a Torrey Pine grove, one of only two on Earth, and enjoy a picnic lunch with sweeping views of the natural harbor.
- ▶ See iconic animals such as the American bison, bald eagles, and Channel Island fox.
- ▶ Visit the famous community of Avalon, a haven for movie stars in Hollywood's golden era.

AN UNPRECEDENTED EXPEDITION

Our expedition among this remote and storied archipelago is the only way to visit multiple islands in one trip. Dayboats can take you to a single island to hike or camp, but a true in-depth exploration of the Channels on our nimble ships (with comfy staterooms) is a unique offering, and the only way to take in the full natural splendor of this extraordinary National Park.

NATIONAL GEOGRAPHIC EXPERT

Greg Marshall, 2013 National Geographic Fellow, marine biologist, and filmmaker will join the **Nov. 1, 2022** departure.

Learn more about staff and guest speakers at expeditions.com/experts.



*Inspiration Point overlook,
Anacapa Island.*

DAY 1: LOS ANGELES, CA/EMBARK
Embark the ship and enjoy a welcome dinner. (D)

DAY 2: ANACAPA AND SANTA CRUZ ISLANDS, CHANNEL ISLANDS NATIONAL PARK

After breakfast and optional yoga, head ashore to explore East Anacapa Island. Hike to aptly named Inspiration Point for stunning views over the islands, then stop at Anacapa Lighthouse built in 1912. Or, if you prefer a leisurely morning, explore the vast kelp fields and Arch Rock via Zodiac. In the afternoon we'll reposition to Santa Cruz Island for an afternoon of exploration. (B,L,D) *NOTE: Landing order of islands may vary depending on National Park Service permit guidelines.*

DAY 3: SANTA ROSA ISLAND

Kickstart with a morning stretch class before kayaking, hiking, or simply exploring ashore. Join our naturalists for a more strenuous hike out to the base of the Torrey Pines, considered one of the world's rarest pines, and one of only two naturally occurring groves in the world. End the day with a pre-dinner sunset cocktail party. (B,L,D)

DAY 4: SANTA CATALINA ISLAND

After breakfast, go trekking into the Catalina backcountry, or head to the shoreline to kayak or stand-up paddleboard. After lunch, the ship arrives in Avalon Harbor, the island's only incorporated city. Explore downtown or walk up Avalon Canyon to visit the Wrigley Monument and the Botanic Garden. Or visit an architectural



gem: the famous Catalina Casino, built in 1929. Scuba-certified? Our team will arrange diving and gear rental with a top local operator. Return to the ship for a farewell dinner and a final evening at sea, under the stars. (B,L,D)

DAY 5: LOS ANGELES/ DISEMBARK
Enjoy breakfast on board before disembarking. (B)

EXPEDITION DETAILS

DATES: 2022 *National Geographic Venture:* Oct. 28; Nov. 1
2023 *National Geographic Quest:* Apr. 24, 28
National Geographic Venture: Oct. 27, 31; Nov. 4

SPECIAL OFFERS:

- Fourth person goes **FREE** on select departures.
- Book by Oct. 31, 2022 and receive a **\$350 AIR CREDIT** on select departures.
- Book a group of six or more and **SAVE 10%** off the total price.
- Sail in 2022 and **SAVE 20%** on your next U.S. East Coast expedition.

See page 28 or call for details.



FROM SOUTHERN CALIFORNIA TO BAJA: SAILING THE PACIFIC COAST



12 DAYS | FROM \$8,090

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Aboard *National Geographic Venture*

Follow the migration of birds and humpbacks on an epic journey from Los Angeles to La Paz, witnessing intact wildness and serenity in Channel Islands National Park, Ensenada, Magdalena Bay, and more.

EXPEDITION HIGHLIGHTS

- ▶ Discover one of the nation's best-kept secrets, Channel Islands National Park.
- ▶ See why everyone is talking about the vineyards of Valle de Guadalupe.
- ▶ Explore the waters and experience the wildlife of peninsular Vizcaino Biosphere Reserve; meet the fishermen of Isla Natividad's model fishing co-op.
- ▶ Roam the ever-shifting sand dunes of Isla Magdalena, home to over 40 bird species.
- ▶ Snorkel in Cabo Pulmo National Marine Park, the only hard coral reef in North America; featuring over 220 species of fish.

SWIM WITH WHALE SHARKS

Fall under the spell of enchanting La Paz on our extension, delving into the region's rich history through its architecture and charming museums. Then cap it off with a thrilling, once-in-a-lifetime swim with the largest fish on the planet, the gentle giant whale shark. Learn more at expeditions.com/whaleshark

Sea lion enjoying its kelp forest playground, Channel Islands National Park.

DAY 1: LOS ANGELES/EMBARK

Arrive in Los Angeles, where you'll embark the *National Geographic Venture*. (D)

DAY 2: CHANNEL ISLANDS NATIONAL PARK

Home to diverse, endemic flora and fauna, birds, and 11 land mammal species, there is plenty to see in Channel Islands National Park. (B,L,D)

DAY 3: ENSENADA AND THE VALLE DE GUADALUPE, MEXICO

Vineyards and culinary marvels await in one of the world's hottest up-and-coming wine regions. See what the hype is all about as we visit a family-run vineyard for a private tour, tasting, and lunch. (B,L,D)

DAY 4: SAN QUINTÍN EXPLORATION

Explore Bahía de San Quintín and surrounding islands—home to 400+ species of plants, animals, and birds, including 23 seabird species. (B,L,D)

DAYS 5 & 6: EXPLORING THE VIZCAINO BIOSPHERE RESERVE

As we continue our journey along the Baja coast, we explore the nutrient-rich waters surrounding Vizcaino Peninsula. Encounter the resident northern elephant seals of Islas San Benito or learn about the sustainable fishing co-ops of Isla Natividad. Additional exploration opportunities abound in this seldom-visited section of Baja California. (B,L,D)

DAY 7: AT SEA

As we travel south, there is a chance of seeing a wide variety of marine life, including



Valle de Guadalupe vineyard.

humpback whales returning from Alaska. Hear naturalist talks, and learn photography tips and tricks. (B,L,D)

DAY 8: BAHÍA MAGDALENA

Explore the ever-shifting sand dunes of Isla Magdalena on a cross-island walk to one of the most pristine beaches in the Pacific. Tidepooling can be excellent here, and these fertile shorelines are home to over 40 species of birds. (B,L,D)

DAY 9: LOS CABOS AND GORDA BANKS

Cruise past Friars Rocks and visit the historic town center of San José del Cabo before cruising Gorda Banks seamount or La Fortuna, renowned gathering places for whales, dolphins, and other marine life. (B,L,D)

DAYS 10 & 11: CABO PULMO/ LOS ISLOTES

Snorkel the pristine reefs of Cabo Pulmo National Park and chat with locals about their advocacy to protect this unique place. With luck, swim with curious sea lions at Los Islotes before relaxing ashore. Swim, kayak, or hike on a nearby uninhabited island and end the day with a beach barbecue, bonfire, and star-filled sky. (B,L,D)



Brown pelicans, Baja California.

DAY 12: LA PAZ/DISEMBARK/ SAN JOSÉ DEL CABO/U.S.

Disembark in La Paz and transfer to Los Cabos airport for flights home. (B)



Guests photograph long-beaked common dolphins, Sea of Cortez.

EXPEDITION DETAILS

DATES: 2022 Dec. 4 2023 Dec. 3

SPECIAL OFFERS:

- Fourth person goes **FREE** on select departures.
 - Book by Oct. 31, 2022 and receive a **\$350 AIR CREDIT** on select departures.
 - Solo premium waived on solo cabins on select departures.
 - Sail in 2022 and **SAVE 20%** on your next U.S. East Coast expedition.
- See page 28 or call for details.



NATIONAL GEOGRAPHIC SEA BIRD & NATIONAL GEOGRAPHIC SEA LION

CAPACITY: 62 guests in 31 outside cabins.

REGISTRY: United States. **OVERALL LENGTH:** 152 feet.

PUBLIC AREAS: Our twin sister ships feature a library; global market; lounge with full-service bar and facilities for films, slide shows and presentations; observation deck; partially covered sun deck with chairs and tables; and LEXspa. Our “open Bridge” provides guests an opportunity to meet our officers and Captain and learn about navigation.

MEALS: Served in a single seating with unassigned tables. The menu features locally inspired fare.

CABINS: All face outside with windows, private facilities and climate controls.

EXPEDITION EQUIPMENT: A fleet of six Zodiacs and 16 kayaks, paddleboards, Remotely Operated Vehicle (ROV), hydrophone, splash-cam, underwater video camera, video microscope, snorkeling gear and wet suits for all guests (where applicable).

SPECIAL FEATURES: Guest internet access, Lindblad-National Geographic certified photo instructor, video chronicler, and undersea specialist.

WELLNESS: The vessel is staffed by a wellness specialist and features exercise equipment, LEXspa, and outdoor stretching area.



From top: Dinner is served in single seatings with unassigned tables for easy mingling; enjoy morning stretch class or afternoon wildlife viewing from the partially covered sun deck.



Clockwise from left: the lounge with expedition library and flatscreens for easy presentation viewing; twin beds can be pushed together to form a double in the four Category 3 cabins on the Upper Deck; a comfortable Category 2 cabin.

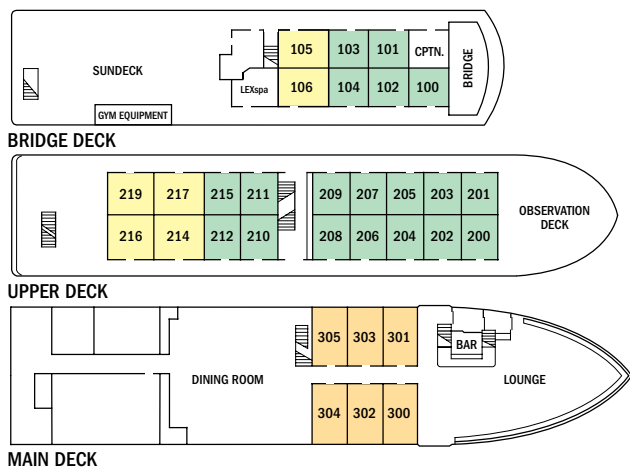
CATEGORY 1: Main Deck #300-305—Conveniently positioned between the dining room & lounge, these cabins feature two single beds, and a large view window.

CATEGORY 2: Bridge Deck #100-104; Upper Deck #200-212, 215—These well-located cabins include two single beds & a view window.

CATEGORY 3: Bridge Deck #105, 106; Upper Deck #214, 216, 217, 219—These cabins feature a seating unit with table and two large view windows. Upper Deck cabins include two single beds which can convert to a double bed and a pull-out single bed for a third person; Bridge Deck cabins include two single beds only.

NOTE: Solo Occupancy cabins are available in Categories 1 and 2 only. Third person rates are available in certain categories at one half the double occupancy rate.

SHARED ACCOMMODATIONS: Shares can be arranged at the double occupancy rate in Categories 1 and 2 only.



SEE MORE ONLINE: Learn more about *National Geographic Sea Bird* at expeditions.com/seabird and *National Geographic Sea Lion* at expeditions.com/sealion



NATIONAL GEOGRAPHIC QUEST & NATIONAL GEOGRAPHIC VENTURE

CAPACITY: 100 guests in 50 outside cabins.

REGISTRY: United States. **OVERALL LENGTH:** 238 feet.

Sister ships *National Geographic Quest* and *National Geographic Venture* (launched 2018) are designed with over 50 years of expedition heritage and built in the U.S.A.

PUBLIC AREAS: Global gallery; fitness center; LEXspa; lounge with full service bar and facilities for films and presentations; observation deck; mudroom with lockers for expedition gear, and a partially covered sundeck with chairs and tables. Our “open Bridge” provides guests an opportunity to meet our officers and Captain and learn about navigation.

MEALS: Served in a single seating with unassigned tables. The menu features locally inspired fare.

CABINS: All cabins face outside with windows or portholes, private facilities and climate controls. Category 4 cabins have step-out balconies.

EXPEDITION EQUIPMENT: A fleet of eight Zodiacs and 24 kayaks, paddleboards, Remotely Operated Vehicle (ROV), hydrophone, splash-cam, underwater video camera, video microscope, snorkeling gear and wet suits for all guests (where applicable).

SPECIAL FEATURES: Guest internet access, elevator, Lindblad-National Geographic certified photo instructor, video chronicler, and undersea specialist.

WELLNESS: The vessel is staffed by a Wellness Specialist and features a gym with an elliptical machine, treadmill, exercycles, handweights, and resistance bands. Massages in the LEXspa are available by appointment.



From top: Enjoy expansive views and regional fare in the informal dining room; gather to watch for wildlife or enjoy an evening cocktail with friends in the open air, partially covered sun deck.



Clockwise above: the lounge, with 270° views, is the hub of the expedition community; Category 5 cabin is our most spacious; Category 4 cabin with lower single beds (which can be converted to queen) and private step-out balcony.

CATEGORY 1: Main Deck #301-306 Cabins feature two single beds that can convert to a Queen, a writing desk and two portholes.

CATEGORY 2: Main Deck #307-315 Cabins feature two single beds that can convert to a Queen, a writing desk and two portholes.

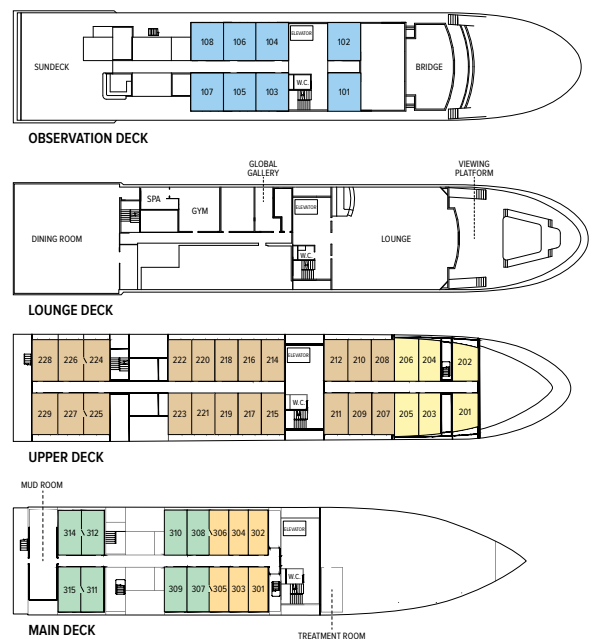
CATEGORY 3: Upper Deck #201-206 Cabins feature two single beds that can convert to a Queen, a writing desk and two large view windows.

CATEGORY 4: Upper Deck #207-229 Cabins feature two single beds that can convert to a Queen, a writing desk, sliding glass door, and small, private balcony.

CATEGORY 5 (SUITE): Observation Deck #101-108 Cabins feature two single beds that can convert to a Queen, large view windows, an expanded bathroom, writing desk, ample storage space, and a convertible sofa bed to accommodate a third person.

NOTE: Solo Occupancy cabins are available in Categories 1 and 2 only. Third person rates are available in Category 5 cabins at one half the double occupancy rate.

Connecting cabins via internal doorway access: Main Deck: #312-314, #311-315, #306-308, #305-307; Upper Deck: #224-226, #225-227



SEE MORE ONLINE: Learn more about *National Geographic Quest* at expeditions.com/quest and *National Geographic Venture* at expeditions.com/venture

SPECIAL OFFERS

THE UNITED COASTS OF AMERICA: Book any U.S. West Coast Expedition for 2022, and save 20% off any U.S. East Coast Expedition in 2022 or 2023. Offer is not valid for canceled bookings.

FREE AIRFARE: Complimentary airfare is based on economy group flights and must be ticketed by Lindblad Expeditions. In the case that Lindblad's group flight is not available at time of booking, we reserve the right to issue a credit. Baggage fees may be additional.

FOURTH GUEST TRAVELS FREE: Book by October 31, 2022. Bookings of three full-paying guests may bring a fourth person for free on select departures. Offer applicable only on bookings of two double-occupancy cabins, and second cabin must be in same category or lower as first cabin.

SOLO EXPLORERS OFFER: Waive the solo premium on solo cabins on select departures.

GET THE GROUP ON BOARD: Save 10% when traveling as a group of 6 or more people on select departures in South Carolina and the Channel Islands. Deposit, final payments, and cancellation policies for group travel vary from our regular policies.

BRINGING THE KIDS: We believe sharing an expedition with your kids or grandkids is a life-enhancing experience. So take \$500 off for each child under the age of 18.

BACK-TO-BACK SAVINGS: Save 10% on any consecutive journeys taken on board our expedition ships. This savings is applicable on voyage fares only.

COMBINING OFFERS: Certain offers may be combinable, up to two savings opportunities except where noted otherwise. For example, travel with a group of eight or more on back-to-back expeditions, and take advantage of both savings!

TERMS & CONDITIONS: Offers are valid on select departures, valid on new bookings only, subject to availability, not applicable on airfare or extensions, and may not be combinable with other offers. Call for details.



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A private charter with Lindblad Expeditions offers an exclusive and intimate experience. Whether you plan to host a board meeting, refresh an existing incentive program, or organize a 'Friends & Family' reunion, a Lindblad charter is a perfect opportunity to create an undeniable bond with your group, and an experience that will last a lifetime! Our intimately-scaled expedition ships allow us to offer authentic, up-close experiences to the planet's wild, remote places and capitals of culture. Travel with our expert team of naturalists, and magic is guaranteed to happen! To explore charter opportunities for your organization, please contact: **Karen Kuttner-Dimitry**, VP Affinity & Charter Sales at **800-783-6656 ext. 1030** or direct, **212-261-9030** or email karenk@expeditions.com

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ABOARD SHIP

- ✓ All meals and nonalcoholic beverages
- ✓ 24-hour coffee, tea and soda on demand
- ✓ Hors d'oeuvres and snacks during nightly Recap
- ✓ Environmentally-friendly refillable water bottle
- ✓ Morning stretch classes with wellness specialist
- ✓ Fitness equipment
- ✓ Access to reference books and board games in the library
- ✓ The guidance and company of our expedition staff

ASHORE

- ✓ Special access permits, park fees, port taxes
- ✓ Transfers to and from group flights
- ✓ The expertise of our expedition staff

ACTIVITIES

- ✓ Zodiac explorations
- ✓ Kayaking
- ✓ Stand-up paddleboarding
- ✓ Snorkeling, including wetsuits, masks, fins & snorkels, where relevant
- ✓ Presentations & photo instruction

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Not Included: Air transportation (except where specified as included), extensions, passport, visa, immigration fees, meals not indicated, travel protection plan, items of a personal nature, such as internet access, voyage chronicle, and laundry. Additional hotel nights, private airport transfers, and gear rental.

Airfare: For all programs, airfare is an additional cost unless otherwise indicated. We will gladly assist in making your air arrangements for a \$50 per person service fee.

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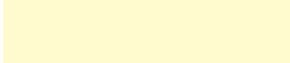
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